

MIVAS

Aesthetics



Service Menu

Initial consultation \$60

Starting Prices

Sclerotherapy Veins \$400

Laser Therapy Veins \$400

Photofacial \$450

RF Microneedling \$450

Dysport (Neurotoxin) \$7/unit

Restylane (Filler) \$750/syringe

Sculptra (Biostimulator) \$750/vial

Upneeq RX \$210

Products

Medicalia, Pevonia, Revitalash

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Secret RF Microneedling

What is it: A device to stimulate collagen by directing radiofrequency energy to the dermis (needles + heat).

How does it work: Small needles and radiofrequency energy revitalize and regenerate skin's collagen and elastin fibers. Improves skin texture and tightens skin.

Areas to be treated: Most areas of the body. Used for fine lines, wrinkles, acne scars, stretch marks, skin laxity, and hyperhidrosis (excessive sweating axilla).

Optimal results: Seen within 3 months after initial treatment. Results lasting up to 18 months.

When do I have another treatment: Typically, every 4-6 weeks (if doing a series of treatments). Most patients need 3-4 treatments followed by maintenance every 18 months.

Pre procedure: No dental work 3 weeks prior for facial areas. Avoid topical retinols, topical exfoliants, Accutane, anti-inflammatory agents and blood thinners (if possible) or other facial treatments for a few days before the treatment. Avoid sun-tanning/self-tanner 4 weeks before treatment. If history of cold sores/herpes may need anti-viral medication RX.

Post procedure: No vigorous exercise day of treatment. Prescribed topicals and serums used first 4 hours after treatment. Avoid sun exposure until redness/swelling has resolved. Daily sunscreen to protect skin. Resume normal skin care regimen once inflammation has resolved (usually 3-5 days). Avoid dental work for 1-2 weeks for facial procedures.

Possible side effects: Include but not limited to bruising, minimal bleeding, infection, hyperpigmentation (rare), temporary skin pattern AKA "track marks", redness lasting about 3-5 days, minor swelling 3-5 days, and mild discomfort.

Optional Add-ons

Our providers will educate you on the best option at your visit!

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Dysport

What is it: Botulinum Toxin A

How does it work: Temporarily inhibits muscle contraction to reduce fine lines, wrinkles, and drooping.

Optimal results: Seen in 2-3 weeks

How long does this treatment last: 3-4 months

When do I have another treatment: Typically, every 3-4 months once you begin to notice muscle movement.

Post procedure: Upright for the first 4 hours. Avoid vigorous activity. Refrain from touching your face or makeup application day of treatment.

All Areas that can be treated with Dysport:

- Glabellar “11’s”
- Forehead
- Crows
- Brow lift
- Lower eye (concealer area)/tear trough
- Bunny lines/wolf lines on nose
- Gummy smile
- Lip flip
- Lip lines
- Mouth frown
- Chin
- Masseter muscle
- Neck Bands
- Micro dysport for neck, face, and eyes
  & Rosecea and sweating forehead/nose

Possible side effects: Include but not limited to bruising, minimal bleeding, infection, rare risk of lid drooping, or heavy brow (all temporary).

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Sculptra

What is it: FDA approved Poly-L-Lactic Acid injectable (Biostimulator).

How does it work: Gradually absorbed by the body, this product works to replace lost collagen and address the cause of facial aging. Helps revitalize and increase collagen production therefore restoring volume and minimizing wrinkles and folds. Also effective on shallow to deep nasolabial folds, contour deficiencies and other facial wrinkles.

Treatment sessions: Every 5-6 weeks.

Optimal results: Typically requires 3 treatments over several months to optimize results.

How long does this treatment last: 25 months

Pre Procedure: Discontinue herbal supplements and vitamins for 5 days prior to procedure if possible. Stop NSAIDs/aspirin x 10 days prior to procedure if possible.

Post procedure: No vigorous exercise the day of the treatment. Cool compresses and/or Tylenol for swelling/tenderness after treatment. Consider topical and/or sublingual Arnica if bruising occurs. Avoid sun/UV sunlamp exposure until redness/swelling have resolved. May apply make-up a few hours after treatment. Resume exercise 24 hours post procedure. Most importantly
*Massage face for 5 minutes 5x/day X 5 days.

Possible side effects: Including but not limited to bruising, minimal bleeding, infection, redness, tenderness/injection site pain, itching, lumps, and keloid/hypertrophic scarring.

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Photofacial

How does it work: Superficial laser energy reduces rosacea, redness, pigmentation, sun damage and facial veins.

Optimal results: Typically 2- 4 weeks (depending on treatment). Best results achieved with 4-6 sessions.

How long does this treatment last: Maintenance typically needed every 3-12 months (depending on treatment).

Pre procedure: Avoid topical retinols, topical exfoliants, Accutane, or other facial treatments for a few days before treatment. No sun-tanning/self-tanner 4 weeks before treatment. If history of cold sores/herpes may need anti-viral medication RX.

Post procedure: Can use cool compresses. Prescribed serum to treated area(s). Avoid sun exposure until inflammation resolves and use sunscreen thereafter. Can resume normal skin care regimen/topicals after inflammation resolves. No vigorous exercise for 24 hours after procedure. No hot showers/baths/sauna for 24-48 hours post procedure.

Possible side effects: Including but not limited to redness, skin burns (rare), removal of pigmentation (rare), soreness. Redness/swelling may last a few days. Peeling may occur on day 3-4 post procedure.

Laser therapy can be used on any part of the body including but not limited to face, neck and chest.

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Restylane

What is it: FDA approved injectable dermal filler composed primarily of hyaluronic acid.

How does it work: Adds fullness and volume “fills in spaces” and can enhance the body’s hyaluronic acid production.

Optimal results: 2-4 weeks

How long does the treatment last: 6-12 months

When do I have another treatment: 6-12 months

Pre procedure: Hold herbal supplements and vitamins for 5 days prior to procedure if possible. Hold NSAIDs/aspirin x 7-10 days prior to procedure if possible. Consider sublingual and/or topical Arnica 2 days prior to treatment and until the bruising has resolved. If history of cold sores/herpes may need anti-viral medication RX.

Post procedure: Cool compress to the area injected. Don’t push/mold treated areas. Avoid facial procedures for 24 hours. Avoid sun exposure until swelling has resolved.

Areas that can be treated with Restylane:

Nasolabial fold

Smile line

Marionette lines (mouth to chin lines)

Corners of mouth (smile/ laugh lines)

Perioral lines (lines around mouth)

Lips, Chin, Jawline, Cheek, and Pyriform fossa

Possible side effects: Including but not limited to minimal bleeding, bruising, swelling, hyperpigmentation, scabbing, infection, nodule formation, recurrence of cold sores, venous/arterial occlusion.

Notify us immediately if you have:

Significant pain, bluish discoloration, or mottling of skin, change in your vision or sign of stroke (speech impairment, numbness/weakness in face/arms/legs, difficulty walking, face drooping, severe headache, dizziness or confusion).

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Sclerotherapy

What is it: Injection of liquid and/or foam sclerosant (solution) into reticular veins and spider veins on the legs.

How does it work: Sclerosant will cause the vein wall to spasm and stick closed. In time, the treated veins fade.

Optimal results: On average patients need 3 or more treatments to have optimal results. Each treatment session is 4-6 weeks apart.

Pre and post treatment: Graduated compression stockings maximize benefit and are needed the day of the procedure. Thigh high compression for thigh veins treated. Knee high compression for below the knee veins treated. No long-distance travel for 5 days post procedure. No vigorous leg exercise for 5 days post procedure. Apply sunscreen for 1 month to treated area following the procedure. NSAIDs/Tylenol and cool compress for comfort measures if needed.

Possible side effects: Included but not limited to bruising, minimal bleeding, infection, hyperpigmentation, headache, and very rare occurrence for DVT/PE, TIA/Stroke.

Laser therapy can be used on small spider veins.

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Lip Filler

Post treatment:

- Cool compresses to reduce swelling.
- Don't touch the area treated until swelling subsides.
- Avoid taking aspirin, blood thinners, Herbal supplements/Vitamins for 1 week post procedure (if possible) to reduce risk of bleeding/bruising at injection site.
- Avoid vigorous exercise, exposure to excessive heat/sun/UV lamps for the first 24 hours.
- Elevate your head while sleeping on 2 pillows to help reduce swelling and discomfort.
- Use of Aquaphor recommended for lubrication.

Notify us immediately if you have:
Significant pain, bluish discoloration or mottling of the skin,

Change in your vision or sign of stroke (speech impairment, numbness/weakness in face/arms/legs, difficulty walking, face drooping, severe headache, dizziness or confusion).